

League Guidelines (PWBL)

Game One is from 6:40 - 7:40

- o Warm up for 5 minutes, game starts at 6:40 and will end at 7:40 regardless of amount of time left in the game in order to start the second game on time.

Game Two is from 7:45 - 8:45

- o Warm up for 5 minutes, game starts at 7:45 and will end at 8:45 pm regardless of amount of time left in the game in order to start the third game on time.

Game Three is from 8:50 pm - 9:50 pm

- o Warm up for 5 minutes, game starts at 8:50 and will end no later than 10:30 pm.

A game will consist of two 25 minute halves with a short break in between.

If the score difference is within 10 points during the last two minutes of the game, then there will be stop time for the remainder of the game.

Each player is allowed 5 personal fouls before being sent out for the remainder of the game.

Each team is allowed 7 team fouls per half after which the team will be in bonus. Each team is allowed 1 time out per half which lasts 30 seconds in length. An unused time out **cannot** be carried over to the second half if not used in the first half. It becomes void.

A team must have at least 5 players present by the start of the game – see above - in order to have a game, otherwise team forfeits game regardless of how many may show up later in the game.

Jewelry of any sort is not permitted on the court (e.g., no hair clips, body piercing pieces, etc.). Fingernails should be kept at a reasonable length so as not to injure oneself or other players.

If a player misses three games without a reasonable explanation, the player may lose her spot on the team.

All players must be 18 years or older to play in the league.

Good sportsmanship is a must in this league! Code of Conduct will be strictly followed and enforced.

Team shirts must be worn to all league games.

Team standings are scored as follows:

Win: 2pts

Loss: 0 pts

Tie: 1 pt

Forfeit: -2pts